



Heartfelt Healing Centre



Reiki Level 1

November 17 from 9:30 am – 4 pm

with Wanda Davis, Reiki Master/Teacher
and Shamanic Practitioner

Reiki is a relaxation and stress reduction technique that also promotes healing.

Learn Reiki to treat yourself, others and even your pets.

Level 1 class instruction includes the history of Reiki, Reiki attunement, standard hand positions for self treatment and treating others plus some Japanese Reiki techniques.

Anyone can learn Reiki!

\$150 plus HST plus
cost of manual (\$20) = \$189.50

Class is limited to 6 people



TO REGISTER

Call 226-423-2244

or Register Online at www.heartfelthealingcentre.com

Register In Person at the Centre - 286 Main St. South, Exeter

SEE OUR WEBSITE FOR MORE EXCITING EVENTS!